



Dear Adventurer,

Thank you for your reservation with Adventure Bound. Please check your confirmation closely for correct details. Check the arrival and activity dates as well as the group size. The following is some general information regarding your reservation and a list of items that should help to make your stay more enjoyable. *Group leaders should pass this information on to all participants and their parents or guardians.*

Release of Liability Forms

Please make as many copies as you need for your group. These need to be filled out completely by the participants and signed by a parent or legal guardian, if under 18 years of age. Please note that they cannot be altered in any way.

Participants who do not have the release of liability form filled out completely and correctly will not be allowed to take part in any of the adventure activities.

Bring these forms with you and present them on arrival.

Please don't hesitate to give us a call should you have any questions or need further assistance.

Sincerely,
Lillian M. Tancrell-Ouderkirk
Office Manager

<u>Essential Items</u>		
Epi-Pens	Asthma Inhalers	Prescribed Medications

**MEDICATIONS ARE ESSENTIAL AND MUST BE BROUGHT WITH YOU
IN ORDER TO PARTICIPATE IN OUR ADVENTURES**

<u>Suggested Items to Bring</u>		
Sneakers Water Shoes Bathing Suit Sunglasses Sunscreen Towels Personal Hygiene	Shorts Sleeping Bag Polypropylene Fanny Pack Water Bottle Baseball Cap Hiking Boots	Windbreaker Wool Sweater Rain Gear Flashlight Lip Balm Wool Socks Plastic Bag for wet items
MONEY FOR SNACKS, GIFT SHOP & GAME ROOM		

***ITEMS IN BOLD ARE KEY TO YOUR COMFORT ON YOUR TRIP
(Label all with permanent marker)**

*****IF YOU ARE COMING BY BUS AND THE BUS IS NOT STAYING, WE RECOMMEND YOU
BRING A VEHICLE FOR EMERGENCIES*****

**** Sleeping bags are required for the two-day Kennebec River Overnight Adventure.**

Important information to pass along to your group:

- ***Chaperones are fully responsible for the supervision of individuals in your group at all times.***

No alcohol is permitted on the premises of Adventure Bound

- No diving in the pool or hot tub as it is only 4 feet deep. No lifeguard on duty.
- No smoking in the buildings or on our grounds.
- Keep valuable personal items locked in your accommodations or vehicle.
- Climbing wall: Advanced reservations are required.
- Please let us know in advance of any medical, physical or psychological conditions that may pose a risk to the individual or others.
- Minimum age is 10 for rafting the upper Kennebec River, 7 for the lower Kennebec, 14 for the Dead River and 8 for all other activities
- Properly filled out and signed Release Forms are mandatory for all participants.
- Prescribed medications are mandatory for participation in our activities. Don't forget Epi-pens and asthma inhalers, as you will not be allowed on the trip for safety reasons. **NO EXCEPTIONS**
- Quiet time is from 10 PM until Midnight
- Lights out at Midnight
- Pool and Hot tub are open until 10 PM
- Lodge closed between Midnight and 6:30 a.m. (bathrooms and showers open 24 hours a day)
- Gift shop is open 7:00 AM to 7:00 PM. T-shirts and novelties may be purchased.
- Please note that we **do not** get CELL PHONE reception in our area.

Please review your reservation for the following:

- Meals: Verify meal times at check in. Please inform us of any special dietary needs.
- Accommodations: Make sure you understand where you are staying and the type of accommodations that are reserved. Cabin Tents have wooden bunks with a mattress, pillow and pillowcase. A sleeping bag is needed. Full bedding can be provided at an additional cost.
- Activities: Please verify the dates and numbers of participants are correct for your scheduled adventures.

Check-In Times are as follows:

- Rafting: 7:30 A.M.
- Rock Climbing, Ropes Course, Treasure Hunt, Hiking, Canoeing, and Orienteering: 8:00 A.M.
- Climbing Wall: 7:30 P.M.
- Half Day Afternoon programs: Noon
- Accommodation check-in time is 3 P.M.; otherwise arrive at your leisure.
- Two-Day Overnight Adventure: 8:30 A.M.
- Check out of accommodations by 10 A.M. or before trip departure if it's your last day.

Our payment policy is as follows:

- A \$25.00 per person non-refundable deposit within 7 days of making a reservation
 - The balance is due 14 days prior to your arrival at Adventure Bound.
 - If cancellation occurs within 14 days of trip date, all monies will be forfeited.
- We accept cash checks, Visa, MasterCard, and money orders.*

Directions to Adventure Bound

- (From the south) Take exit 133 off I-95. Take Route 201 north, through Skowhegan, Solon, and Bingham. Adventure Bound is 13 miles north of Bingham on Route 201 on the left, directly across from the access road to Pleasant Pond and the village of Caratunk.
 - (From the north) Take exit 157 off I-95. Follow Route 2 west to Skowhegan, then Route 201 north through Solon and Bingham. Adventure Bound is 13 miles north of Bingham on Route 201 on the left, directly across from the access road to Pleasant Pond and the village of Caratunk.
- Use 1094 US Route 201, Caratunk, ME 04925 as a physical address when using Internet map programs.*

Emergency Phone Numbers:

To reach a guest in the event of an emergency, call 1-888-606-7238. If you are calling after hours, dial the number on the answering machine to get the owner. Make sure to leave your contact information and the owners will call you back if necessary.

***Trip Leaders: Please distribute this list to all your participants**

Revised 3/01/2011